

Our Favorite Blogs, Websites, and People to Follow

- 1) AllGo: <https://www.canweallgo.com/>
- 2) Association for Size Diversity and Health (ASDAH): <https://www.sizediversityandhealth.org>
- 3) Be Nourished: <https://benourished.org>
- 4) Dances with Fat: <https://danceswithfat.wordpress.com>
- 5) Dr. Cat Pausé: <https://friendofmarilyn.com> and <https://twitter.com/FOMNZ>
- 6) Dr. Georgiann Davis: <http://www.georgiandavis.com>
- 7) Dr. Sara Diaz: <http://fatzebratheory.com>
- 8) Ellise Smith at Plus Size Magic Radio and Fatness Fiction: <https://fatnessfiction.com>
- 9) Fat Girl Running: <http://fatgirlrunning-fatrunner.blogspot.com>
- 10) Fat Girls Hiking: <https://fatgirlshiking.com/>
- 11) Fat Liberation Manifesto: <https://laurenyay.tumblr.com/post/8711705310/fat-liberation-manifesto>
- 12) Fat!So?: <http://www.fatso.com>
- 13) Food Psych Podcast with Christy Harrison: <https://christyharrison.com/foodpsych>
- 14) Hannah Gadsby: <https://www.facebook.com/hannahgadsbycomedy/>
- 15) J. Aprileo: <https://comfyfat.com/>
- 16) Jess Sprengle, LPC: <https://www.instagram.com/thecrankytherapist/>
- 17) Jessamyn Stanley: <http://jessamynstanley.com>
- 18) Kate Harding: <https://kateharding.net/>
- 19) Layla Cameron: <https://laylacameron.com>
- 20) Lindley Ashline: <https://bodyliberationphotos.com/links/>
- 21) Lizzo: <https://www.lizzomusic.com>

- 22) Marquisele “Mikey” Mercedes: <https://www.marquiselemercedes.com>
- 23) Obesity Timebomb: <https://www.canweallgo.com/>
- 24) Roxane Gay: <http://www.roxanegay.com/>
- 25) She’s All Fat Podcast: <https://shesallfatpod.com>
- 26) SJ Thompson: <https://www.resilientfatgoddess.com/>
- 27) Sofie Hagen: <https://www.sofiehagen.com/>
- 28) The Adipositivity Project: <https://theadipositivityproject.zenfolio.com/about.html>
- 29) The Body is Not an Apology: <https://thebodyisnotanapology.com>
- 30) The Fat Lip Podcast: <http://thefatlip.com/about/>
- 31) The Militant Baker: <http://www.themilitantbaker.com>
- 32) Virgie Tovar: <https://www.virgietovar.com>
- 33) Your Fat Friend: <https://medium.com/@thefatshadow>